

Akshaya Mess Menu Effective from 26/08/2018

Meal	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BREAKFAST 07:00 AM - 09:00 AM	Rava Dosa	Aloo Paratha	Uthappam	Rava Idli	Pesarattu & Upma	Poha	Poori
	Onion Tomato Chutney	Curd	Mint chutney	Vada (2 nos)	Groundnut Chutney	Tomato Sauce	Aloo Sabzi
	Sambar	Chana Subji	Rava Kesari	Groundnut Chutney	Sambar	Payasam	
	Bread	Mango Pickle	Sambar	Sambar	Bread	Bread	Bread
	Butter	Bread	Bread	Bread	Butter	Butter	Butter
	Jam	Butter	Butter	Butter	Jam	Jam	Jam
	Tea	Jam	Jam	Jam	Tea	Tea	Tea
	Coffee	Tea	Tea	Tea	Coffee	Coffee	Coffee
	Milk	Coffee	Coffee	Coffee	Milk	Milk	Milk
	Sugar	Milk	Milk	Milk	Sugar	Sugar	Sugar
	Sugar	Sugar	Sugar	Sugar			
LUNCH 12:00 PM - 02:00 PM	Chapati	Roti	Poori	Pudina/Coriander Leaf Chapathi	Roti	Chapati	Phulka
	Chana Masala	Mixed Veg Masala	Dum Aloo	Dal Makhani	Rajma Dal	Aloo Peas Masala	Bendi Masala
	Mixed Veg Curry	Drumstick Tomato Curry	Beans & Carrot	Drumstick Brinjal Curry	Aloo Tomato Curry	Carrot Curry	Beetroot Curry
	Cabbage Fry	-	Bendi Fry	-	Ivy gourd fry	-	Banana Fry
	Rice	Rice	Rice	Rice	Rice	Rice	Rice
	Bottle Gourd Sambar	Ladies Finger Sambar	Keerai Sambar	Radish Sambar	Brinjal Sambar	Broad Beans Sambar	Mix Veg Sambar
	Rasam	Rasam	Rasam	Rasam	Rasam	Rasam	Rasam
	Mix Veg Pickle	Mango Pickle	Mix Veg Pickle	Mango Pickle	Lemon Pickle	Mango Pickle	Lemon Pickle
	Curd	Curd	Curd	Curd	Curd	Curd	Curd
	Sugar	Sugar	Sugar	Sugar	Sugar	Sugar	Sugar
	Salt	Salt	Salt	Salt	Salt	Salt	Salt
	Papad	Papad	Papad	Papad	Papad	Papad	Papad
Grape Juice	Lemon Juice	Watermelon Juice	Lemon Juice	Watermelon Juice	Grape Juice	Lemon Juice	
SNACKS 04:45 PM - 05:45 PM	Onion Pakoda (One Bowl)	Mirchi/Banana Bhaji (x1)	Bread,Butter & Jam	Bread Pakoda (x1)	Bonda (x2)	Groundnut Sundal (1 Bowl)	Samosa (x1)
	Tea	Tea	Tea	Tea	Tea	Tea	Tea
	Milk	Milk	Milk	Milk	Milk	Milk	Milk
	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee	Coffee
DINNER 07:00 PM - 09:00 PM	Lemon & Plain Rice	Hyderabad Veg Biryani	White rice	Kaju Paneer Pulav	Veg Fried Rice	White Rice	Veg Pulav
	Mango/Pudina Chutney	Onion Cucumber Raitha	Tomato pappu		Curd Rice	Veg Curry	
	Gobi Manchurian	Kadai Veg	Palak Paneer	Veg Kurma	Kadai Paneer	Channa Masala	Baby Corn Masala
	Roti	Chapati	Roti	Chapati	Roti	Chapati	Roti
	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk	Butter Milk
	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit
	-	Gulab Jamun	-	Ice Cream (One Scoop)	-	Bread Halwa	-
	Mix Veg Pickle	Mango Pickle	Mix Veg Pickle	Mango Pickle	Mango Pickle	Mango Pickle	Mango Pickle